

Bike the Coast 2016 - 100 mile

Leg	Miles	Elev'	Type	Name	Directions
SOUTHBOUND All Distances					
0	0	16	START	START The Strand and The Pier	Oceanside
0.3	0.52	16	Right	Strand & Breakwater Way	Oceanside
0.08	0.6	20	Right	Breakwater & N. Pacific St.	Oceanside
1.12	2.93	20	Left	N. Pacific & Cassidy St.	Oceanside
0.08	3.01	26	Danger	RR Tracks	Oceanside
0.02	3.04	26	Right	Cassidy & Broadway	Oceanside
0.35	3.4	26	Left	Broadway & Vista <NEW>	Oceanside
0.1	3.5	18	Right	Vista St. and S. Coast Highway (PCH)	Oceanside
0.5	4	16	Caution	Bke Lane & Roundabout	Carlsbad
9	13.03	75	Right	N. Coast Hwy & "D" St.	Encinitas
0.05	13.05	73	Straight	"D" St. & 2nd St.	Encinitas
0.11	13.14	72	Right	"D" St. & 3rd St.	Encinitas
0.09	13.23	66	Left	3rd St. & "C"	Encinitas
0.05	13.34	66	Right	Moonlight Beach Parking Lot - SAG #1	Encinitas
0	13.34	70	Straight	From Moonlight across "C" to 4th St.	Encinitas NEW
0.02	13.36	72	Left	On "D" from 4th	Encinitas NEW
0.1	13.5	76	Right	On 3rd	Encintas NEW
SOUTHBOUND 50 & 100 MILE RIDERS GO RIGHT ON 3RD FROM "D"					
0.74	14.17	79	Left	On 3rd St. & "K"	Encintas
0.02	14.19	79	Right	At "K" & S. Coast Hwy (101)	Encintas
5.02	19.21	13	Right	Coast Hwy (101) & Coast Blvd Stop sign.	Del Mar
0.56	19.77	52	Caution!	RR Tracks	Del Mar
0.06	19.84	59	Straight	Coast Blvd. & 15th St.	Del Mar
0.16	20	82	Left	Ocean Ave. & 13th St.	Del Mar
0.1	20.1	128	Right	13th St. & Coast Hwy (101)	Del Mar
0.51	21.29	108	Caution!	Cyclists merge into Left turn lane.	Del Mar
0.03	21.33	95	Left	101 & Carmel Valley Rd.	San Diego
1.38	22.71	16	Right	Carmel Valley Rd. & Sorrento Valley Rd.	San Diego
0.1	22.81	23	Caution!	SLOW!! Narrow Gate	San Diego
0.66	23.48	16	Caution!	SLOW!! Narrow gate	San Diego
0.69	24.17	16	Straight	Performance Bikes	San Diego
0.83	25	16	Caution	TURNAROUND is .8 miles past PERFORMANCE BIKES	
TURNAROUND FOR 50 AND 100 MILE (1ST & 2ND LOOP)					
<u>NORTHBOUND</u>					

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<u>NORTHBOUND</u>					
0.83	25.83	30	RIGHT	Right Turn Into Performance Bikes	San Diego
0	25.83	30	Generic	SAG Station #2 - Performance Bikes on Sorrento Valley	
0.3	26.13	33	Right	Sorrento Valley Rd. and Carmel Mtn. Rd.	San Diego
0.58	26.91	177	Caution!	Merge into left turn lane	San Diego
0.06	26.97	180	Left	Carmel Mtn Rd. & El Camino Real	San Diego
4.8	31.77	10	Caution!	Narrow Bridge & broken pavement after	San Diego
0.32	32.09	33	Left	San Dieguito Rd. & Via De La Valle	San Diego
1.33	33.42	46	Danger	I-5 underpass - WB	Solana Beach
0.96	34.38	66	Right	Via De La Valle & 101	Solana Beach
3.46	37.84	82	Left	101 & "J" St - Stop sign	Encinitas
0.11	37.95	98	Right	"J" St. & 3rd St.	Encinitas
0.55	38.5	72	Left	3rd St. & "C" St.	Encinitas
0.09	38.59	66	Right	SAG #3 at Moonlight Beach Parking lot	Encinitas
0	38.59	66	Straight	Exit SAG #3 across "C" onto 4th	Encinitas NEW
0.02	38.61	70	Left	At "D" from 4th	Encinitas NEW
0.08	38.69	72	Straight	Across 3rd on "D"	Encinitas NEW
RIDERS RETURNING TO PIER GO STRAIGHT ON "D" TO 101					
0.12	38.81	75	Left	"D" St. & 101	Encinitas
8.67	47.48	62	Straight	NEW - Carlsbad Blvd. & Grand Ave.	Carlsbad
0.47	48.11	20	Caution!	NEW- Rounabout at Carlsbad & State St.	Carlsbad
0.36	48.47	36	Caution!	Cyclists merge left into left turn lane before	Eaton St.
0.02	48.49	36	Left	Eaton & Coast Hwy.	Oceanside
0.1	48.59	43	Right	Eaton & Broadway St.	Oceanside
0.39	48.98	46	Left	Broadway & Cassidy St.	Oceanside
0.03	49.01	46	Caution!	RR Tracks	Oceanside
0.08	49.09	26	Right	Cassidy & N. Pacific St.	Oceanside
1.11	50.02	23	Left	N. Pacific & Wisconsin	Oceanside
0.04	50.24	16	Right	Onto The Strand at Wisconsin	Oceanside
0.56	50.8	16	Right	At The Strand & Seagaze -100 Mile SAG only & Turnaround	
0.02	51	30	Right	100 mile only Seagaze & N. Pacific - Begin 2nd loop.	
TURNAROUND FOR 100 MILES - 2nd loop is same as first loop but each mileage point is 50 miles (approx) further.					